

#### CHRIS DALE

- CHO AT RIVER SECURITY
- PRINCIPAL INSTRUCTOR AT SANS
- EX CISO

SHORT WHOAMI:

I SHOW HOW CRIMINALS BREAK-IN,

AND I HELP THROW THEM BACK OUT...

CERTS

GCIH GIAC Certified Incident Handler

**GPEN** GIAC Certified Penetration Tester

**GSLC** GIAC Security Leadership

GIAC Mobile Device Security Analyst

**GDAT** GIAC Defending Advanced Adversaries

GCTI GIAC Cyber Threat Intelligence

**GCFA** GIAC Certified Forensic Analyst

**GXIH** GIAC Experienced Incident Handler

**GXPT** GIAC Experience Penetration Tester

**GSP** GIAC Security Professional



## Provider in the Offensive Security Space

- And a touch of Incident Response
- 20 employees
- Boot strapped
- 4 years in business
- 41+ public customer testimonials
- 8+ customer cases





## Provider in the Offensive Security Space

- And a touch of Incident Response
- 20 employees
- Boot strapped
- 4 years in business
- 41+ public customer testimonials
- 8+ customer cases



#### 50+ Companies in Norway providing pentesting



#### Ahmad A. ② ○ • 1st

Fagansvarlig Offensive Security - Author - Speaker - Content Creator - Nerd 2w • Edited • 🕤

#### 50+ selskaper som tilbyr sikkerhetstesting (pentest) i Norge

- 1. Experis AS
- 2. River Security AS
- Netsecurity AS
- 4. Kovert
- 5. Binary Security AS
- 6. Watchcom (nå Telenor Cyberdefence)
- 7. EVRY AS
- 8. Semaphore
- 9. Atea AS
- 10. Aztek AS (nå Accelerate at Iver)
- 11. Promon AS
- 12. Mnemonic AS
- 13. Fencenordic
- 14. Secure-NOK AS
- 15. Itera Consulting Norway AS
- 16. NorSIS
- 17. Horangi Cyber Security
- 18. PwC Norge
- 19. Capgemini Norge AS
- 20. Accenture AS

21. Motit AS

- 22. Visma Consulting AS (nå Twoday)
- 23. KPMG Norge
- 24. Defendable AS
- 25. Teknograd AS
- 26. Secure Practice AS
- 27. Greenberg Traurig Norway AS
- 28. DataGardens AS
- 29. Nixu / DNV
- 30. Sopra Steria AS
- 31. Encripto AS
- 32. EY Norge
- 33. Banshie
- 34. BDO AS
- 35. Orange Cyberdefense
- 36. Agenda Risk AS
- 37. Knowit Secure AS
- 38. CyberIntelsys
- 39. CGI Norge
- 40. Mily
- 41. ShieldTech AS
- 42. NetNordic Norway
- 43. NORMA Cyber
- 44. Konfitech AS
- 45. Capra Consulting AS





Security flaws

Ec council













☐ Save

PENETRATION TESTING STAGES

hat is Penetration Testing | Step-By ...

**Top 5 Penetration Testing Methodolgies and Standards** astra

Astra Security Top 5 Penetration Testing Methodology ... Penetration Testing Methodology Are:



**S** Sprinto Top 5 Penetration Testing Methodology ..



eb Application Penetration Testing ...

p 5 Penetration Testing Methodology ...

**TOP 5 PENETRATION TESTING** 

Aress Software

. Information Gathering

· Analysis and Planning

· Vulnerability Identification

**METHODOLOGY TO FOLLOW IN 2025** 



x StationX Penetration Testing Step.



TechTarget Pen testing guide: Types,...



Astra Security NIST Penetration Testing: A ...



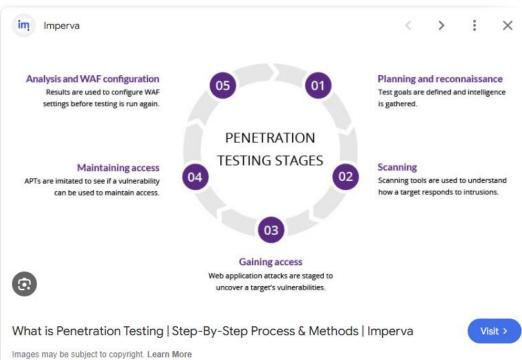
er eLuminous Technologies Web Application Penetration Testing ...



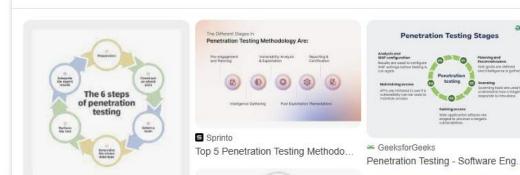
⇒ GeeksforGeeks Penetration Testing - Software ...



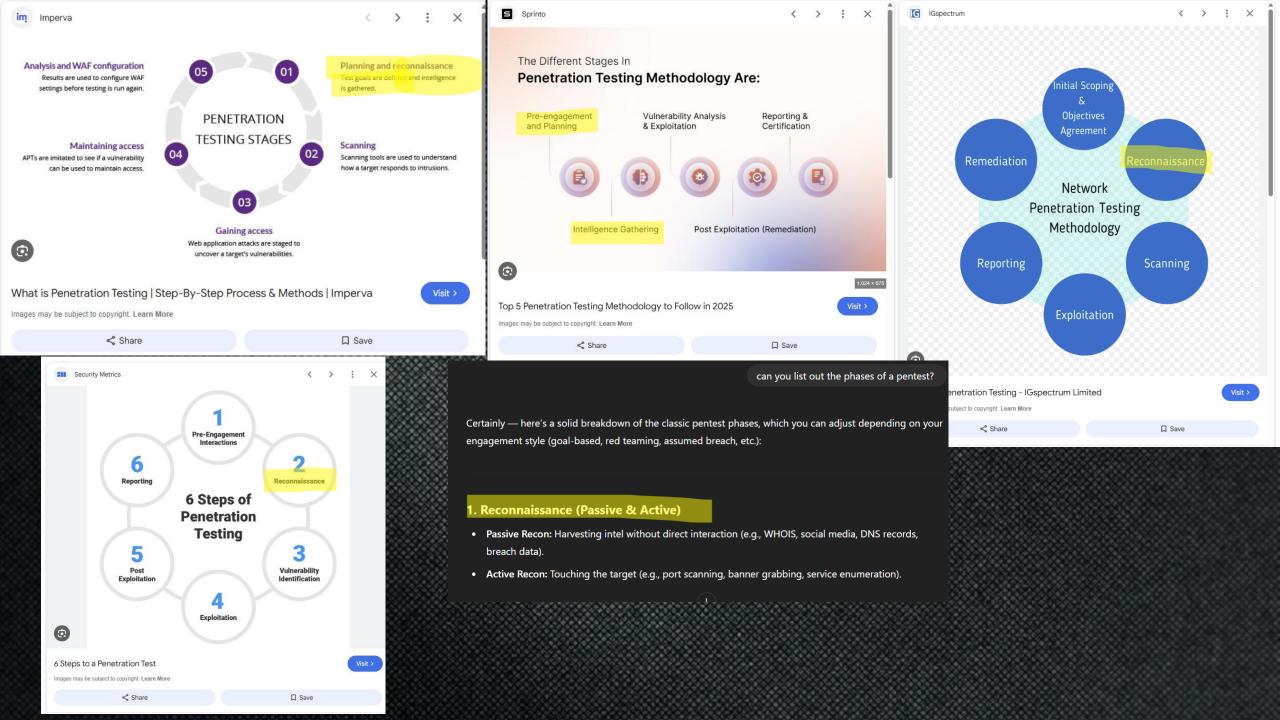
Web Application Security testing Methodology



Web application penetration



Share



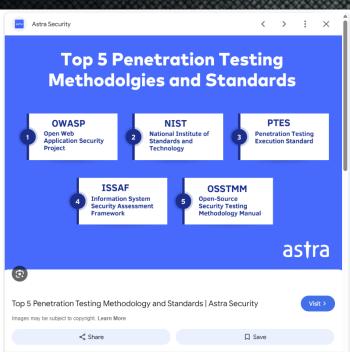


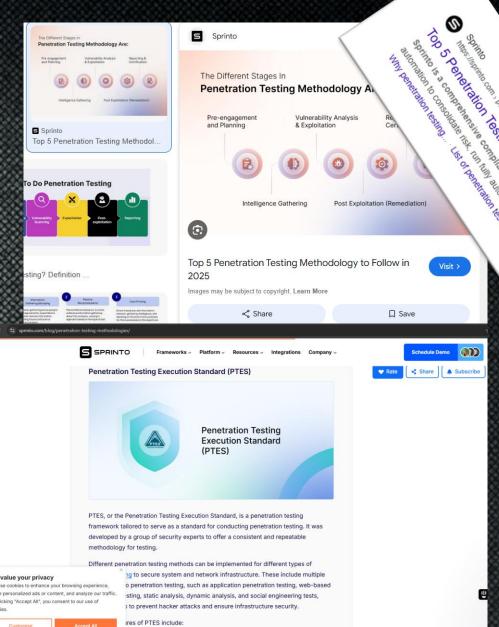
# Dowedo inamodern gentesting?

Or do we just tell what ever the customer asks us to?

## The Latest and Greatest Methodologies!







If you want to simulate a cyber attack and understand the consequences of vulnerabilities being exploited, you should perform a **penetration test**. Such a test will tell you whether it is possible to break into the company's network and achieve specific goals.

Make sure to check out the following list on how to choose the right provider and maximize project value:

#### t You Are Buying

provider, what you get when buying a penetration test can vary greatly. There is no unanimous standard for nd how it is supposed to be conducted. It is therefore important for you to ask the provider about what andard they are following. If the answer is "my own", there is reason to worry.

maximize value of the test, the provider should follow one of the international standards for pentesting, such **Testing Execution Standard (PTES)** or **OWASP** for application testing. First of all this will ensure you a process. Second, you will have an idea of what you are buying.

#### t Button" Test

t is expanding, and so is the number of pentest providers. There are two types of providers, the ones that are hat they do, and the ones that are in it for the money.

probably offer you what is called "big fat button" test. This test consists of a security consultant directing an inst a network or application, and thereafter letting the tool do all the work. Unfortunately a tool can only and find obvious vulnerabilities. This approach will provide little value to organizations that have a security.



#### service

We set up a plan for continuous pentesting throughout the year together with you. You get:

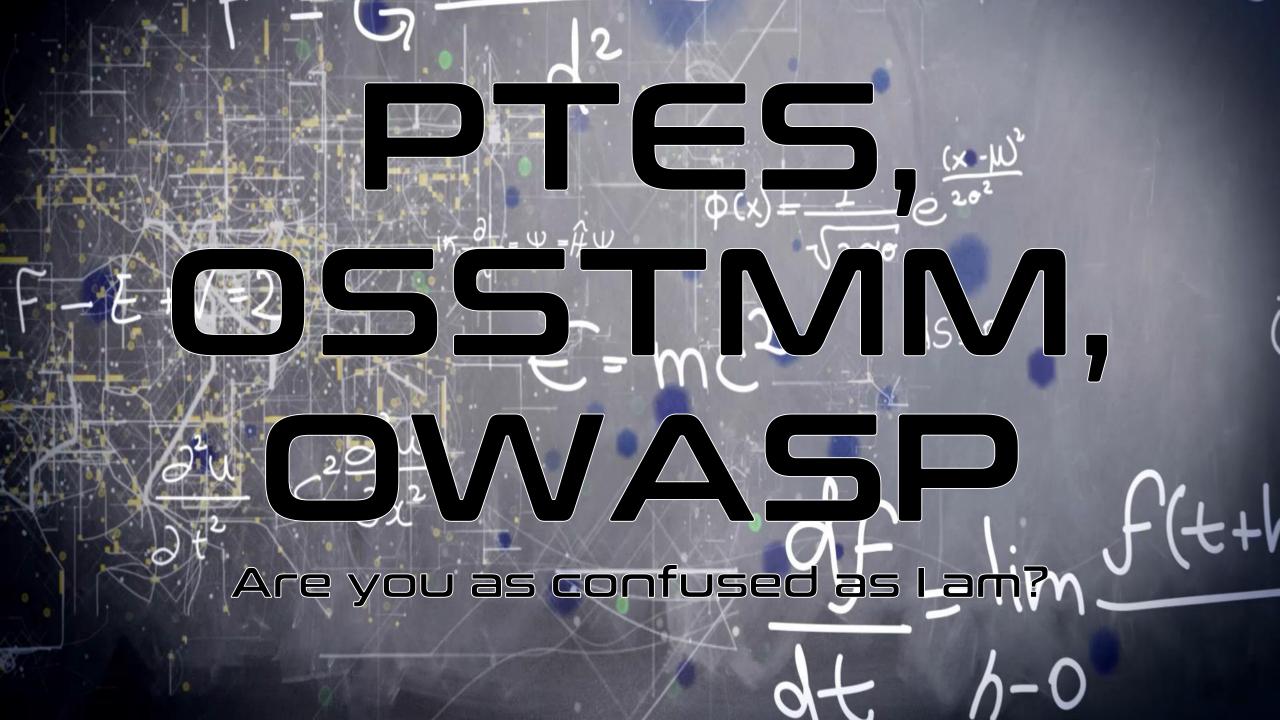
- Thorough practical examination
- Tailored to the actual risks of your business and industry
- The penetration testing is using frameworks like the *Penetration Testing Execution Standard (PTES)*
- Full report including recommendations and solutions to improve your cyber security
- Work together to remedy the important findings and retest to verify them

Book a pentest meeting

All pentests in Norway performed by Penetration Testing Execution Standard (PTES ) framework:







The Penetration Testing Executic X → +



Main page PTES Technical Guideline In the Media FAQ

Tools

What links here Related changes Special pages Printable version Permanent link Page information Main page Read View source View history Search The Penetration Testing Execution Stan Q

#### Main Page

#### **High Level Organization of the Standard**

The penetration testing execution standard consists of seven (7) main sections. These cover everything related to a penetration test - from the initial communication and reasoning behind a pentest, through the intelligence gathering and threat modeling phases where testers are working behind the scenes in order to get a better understanding of the tested organization, through vulnerability research, exploitation and post exploitation, where the technical security expertise of the testers come to play and combine with the business understanding of the engagement, and finally to the reporting, which captures the entire process, in a manner that makes sense to the customer and provides the most value to it.

This version can be considered a v1.0 as the core elements of the standard are solidified, and have been "road tested" for over a year through the industry. A v2.0 is in the works soon, and will provide more granular work in terms of "levels" - as in intensity levels at which each of the elements of a penetration test can be performed at. As no pentest is like another, and testing will range from the more mundane web application or network test, to a full-on red team engagement, said levels will enable an organization to define how much sophistication they expect their adversary to exhibit, and enable the tester to step up the intensity on those areas where the organization needs them the most. Some of the initial work on "levels" can be seen in the intelligence gathering section.

Following are the main sections defined by the standard as the basis for penetration testing execution:

- Pre-engagement Interactions
- Intelligence Gathering
- Threat Modeling
- Vulnerability Analysis
- Exploitation
- Post Exploitation
- Reporting

As the standard does not provide any technical guidelines as far as how to execute an actual pentest, we have also created a technical guide to accompany the standard itself. The technical guide can be reached via the link below:

Technical Guidelines

For more information on what this standard is, please visit:

The Penetration Testing Execution Standard: FAQ

This page was last edited on 16 August 2014, at 20:14.

Content is available under GNU Free Documentation License 1.2 unless otherwise noted.







#### XSS

<Contribution Needed>

#### CSRF

<Contribution Needed>

#### Ad-Hoc Networks

#### <Contribution Needed>

Information Leakage

#### **Detection bypass**

#### <Contribution Needed>

- FW/WAF/IDS/IPS Evasion
- Human Evasion
- DLP Evasion

#### Resistance of Controls to attacks

#### <Contribution Needed>

#### Type of Attack

#### <Contribution Needed>

- Client Side
- Phishing (w/pretext)
- Service Side
- Out of band
- Post-Exploitation
- Infrastructure analysis

This page was last edited on 30 April 2012, at 06:04.

Content is available under GNU Free Documentation License 1.2 unless otherwise noted.

Privacy policy About The Penetration Testing Execution Standard Disclaimers

#### The Social-Engineer Toolkit

The Social-Engineering Toolkit (SET) is a python-driven suite of custom tools which solely focuses on attacking the hu attacks and allow the tester to effectively test how a targeted attack may succeed. Currently SET has two main metho malicious website (which you can clone whatever one you want) that ultimately delivers your payload. The second me open-mail relay, a customized sendmail open-relay, or Gmail integration to deliver your payloads through e-mail. The  $\mathfrak C$  You can see detailed tutorials here  $\mathfrak C$  or by downloading the user manual here  $\mathfrak C$ .





#### OSSTMM 3 – The Open Source Security Testing Methodology Manual

#### **Version Information**

The current version of the Open Source Security Testing Methodology Manual (OSSTMM) is 3.02. This version of the OSSTMM ends the 2.x series. All OSSTMM versions prior to 3.0 including 3.0 release candidates (RC versions) are now obsolete.

The original version was published on Monday, December 18, 2000. This current version is published on Tuesday, December 14, 2010.

what is the latest version os OSSTMM



The latest version of the Open Source Security Testing Methodology Manual (OSSTMM) is version 3.02, published on December 14, 2010. This version marked a significant evolution from the 2.x series, introducing a unified methodology applicable across all channels: Human, Physical,



what is OWASP WSTG?





OWASP WSTG (Web Security Testing Guide) is a comprehensive manual for testing the security of web applications. It's maintained by the OWASP Foundation and is widely used by penetration testers, developers, and security professionals.



PROJECTS CHAPTERS EVENTS ABOUT Q

₩ Store

☆ Star 7,790

Donate

Join

#### WSTG - v4.2

Home > V42

#### **Table of Contents**

- **0.** Foreword by Eoin Keary
- 1. Frontispiece
- 2. Introduction
- 2.1 The OWASP Testing Project
- 2.2 Principles of Testing
- 2.3 Testing Techniques Explained
- 2.4 Manual Inspections and Reviews
- 2.5 Threat Modeling
- 2.6 Source Code Review

The OWASP® Foundation works to improve the security of software through its community-led open source software projects, hundreds of chapters worldwide, tens of thousands of members, and by hosting local and global conferences.

#### **WSTG Contents (v4.2)**

- 0. Foreword by Eoin Keary
- 1. Frontispiece

Watch 354

- 2. Introduction
- 2.1 The OWASP Testing Project
- 2.2 Principles of Testing
- 2.3 Testing Techniques Explained
- 2.4 Manual Inspections and Reviews
- 2.5 Threat Modeling
- 2.6 Source Code Review
- 2.7 Penetration Testing
- 2.8 The Need for a Balanced Approach
- 2.9 Deriving Security Test Requirements

#### **WSTG Contents (v4.2)**

- 0. Foreword by Eoin Keary
- 1. Frontispiece
- 2. Introduction
- 2.1 The OWASP Testing Project
- 2.2 Principles of Testing
- 2.3 Testing Techniques Explained
- 2.4 Manual Inspections and Reviews
- 2.5 Threat Modeling
- 2.6 Source Code Review
- 2.7 Penetration Testing
- 2.8 The Need for a Balanced Approach
- 2.9 Deriving Security Test Requirements
- 2.10 Security Tests Integrated in Development and
- Testing Workflows
- 2.11 Security Test Data Analysis and Reporting
- 3. The OWASP Testing Framework
- 3.1 The Web Security Testing Framework
- 3.2 Phase 1 Before Development Begins
- 3.3 Phase 2 During Definition and Design
- 3.4 Phase 3 During Development
- 3.5 Phase 4 During Deployment
- 3.6 Phase 5 During Maintenance and Operations
- 3.7 A Typical SDLC Testing Workflow
- 3.8 Penetration Testing Methodologies
- 4. Web Application Security Testing
- 4.0 Introduction and Objectives
- 4.1 Information Gathering
- 4.1.1 Conduct Search Engine Discovery
- Reconnaissance for Information Leakage
- 4.1.2 Fingerprint Web Server
- 4.1.3 Review Webserver Metafiles for Information Leakage
- 4.1.4 Enumerate Applications on Webserver

- 4. 1.4 Enumerate Applications on Webserver 4.1.5 Review Webpage Content for Information Leakage
- 4.1.6 Identify Application Entry Points
- 4.1.7 Map Execution Paths Through Application
- 4.1.8 Fingerprint Web Application Framework
- 4.1.9 Fingerprint Web Application
- 4.1.10 Map Application Architecture
- 4.2 Configuration and Deployment Management Testing
- 4.2.1 Test Network Infrastructure Configuration
- 4.2.2 Test Application Platform Configuration
- 4.2.3 Test File Extensions Handling for Sensitive Information
- 4.2.4 Review Old Backup and Unreferenced Files for Sensitive Information
- 4.2.5 Enumerate Infrastructure and Application Admin Interfaces
- 4.2.6 Test HTTP Methods
- 4.2.7 Test HTTP Strict Transport Security
- 4.2.8 Test RIA Cross Domain Policy
- 4.2.9 Test File Permission
- 4.2.10 Test for Subdomain Takeover
- 4.2.11 Test Cloud Storage
- 4.3 Identity Management Testing
- 4.3.1 Test Role Definitions
- 4.3.2 Test User Registration Process
- 4.3.3 Test Account Provisioning Process
- 4.3.4 Testing for Account Enumeration and Guessable User Account
- 4.3.5 Testing for Weak or Unenforced Username Policy
- 4.4 Authentication Testing
- 4.4.1 Testing for Credentials Transported over an
- **Encrypted Channel**
- 4.4.2 Testing for Default Credentials
- 4.4.3 Testing for Weak Lock Out Mechanism
- 4.4.4 Testing for Bypassing Authentication Schema
- 4.4.5 Testing for Vulnerable Remember Password

- 4.4.6 Testing for Browser Cache Weaknesses
- 4.4.7 Testing for Weak Password Policy
- 4.4.8 Testing for Weak Security Question Answer
- 4.4.9 Testing for Weak Password Change or Reset
- Functionalities
- 4.4.10 Testing for Weaker Authentication in Alternative
- Channel
- 4.5 Authorization Testing
- 4.5.1 Testing Directory Traversal File Include
- 4.5.2 Testing for Bypassing Authorization Schema
- 4.5.3 Testing for Privilege Escalation
- 4.5.4 Testing for Insecure Direct Object References
- 4.6 Session Management Testing
- 4.6.1 Testing for Session Management Schema
- 4.6.2 Testing for Cookies Attributes
- 4.6.3 Testing for Session Fixation
- 4.6.4 Testing for Exposed Session Variables
- 4.6.5 Testing for Cross Site Request Forgery
- 4.6.6 Testing for Logout Functionality
- 4.6.7 Testing Session Timeout
- 4.6.8 Testing for Session Puzzling
- 4.6.9 Testing for Session Hijacking
- 4.7 Input Validation Testing
- 4.7.1 Testing for Reflected Cross Site Scripting
- 4.7.2 Testing for Stored Cross Site Scripting
- 4.7.3 Testing for HTTP Verb Tampering
- 4.7.4 Testing for HTTP Parameter Pollution
- 4.7.5 Testing for SQL Injection
- 4.7.5.1 Testing for Oracle
- 4.7.5.2 Testing for MySQL
- 4.7.5.3 Testing for SQL Server
- 4.7.5.4 Testing PostgreSQL 4.7.5.5 Testing for MS Access
- 4.7.5.6 Testing for NoSQL Injection
- 4.7.5.7 Testing for ORM Injection

4.7.6 Testing for LDAP Injection

4.7.5.8 Testing for Client-side



#### PORTSWIGGER TOP 10 ATTACKS

- 1 ACCOUNT HIJACKING USING DIRTY DANCING IN SIGN-IN OAUTH-FLOWS
- 2 Browser-Powered Desync Attacks: A New Frontier in HTTP Request Smuggling
- 3 ZIMBRA EMAIL STEALING CLEAR-TEXT CREDENTIALS VIA MEMCACHE INJECTION
- 4 Hacking the Cloud with SAML
- 5 Bypassing .NET Serialization Binders

- 6 Making HTTP header injection critical VIA RESPONSE QUEUE POISONING
- 7 Worldwide Server-side Cache Poisoning on All Akamai Edge Nodes
- 8 Psychic Signatures in Java
- 9 PRACTICAL CLIENT-SIDE PATH-TRAVERSAL ATTACKS
- 10 EXPLOITING WEB3'S HIDDEN ATTACK
  SURFACE: UNIVERSAL XSS ON NETLIFY'S NEXT.JS
  LIBRARY

https://portswigger.net/research/top-10-web-hacking-techniques-of-2022 renewed 2023, 2024

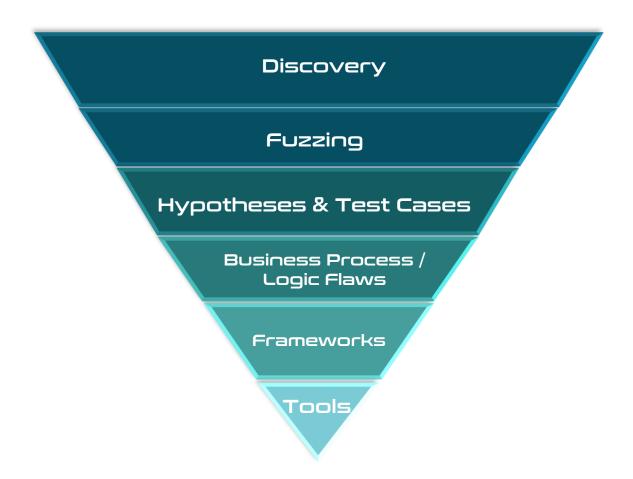


## Most Valuable Pentesting

TIMELESS METHODOLOGY FOR PENTESTING
TRADECRAFT

## Most Valuable Pentesting (MVP) Methodology

Be Honest, Find Vulnerabilities, Improve Gradually



#### Producing High Value Penetration Tests

Reliable and consistent testing is important, and not relying on a single individual's skills and efforts to complete a penetration test helps ensure the highest levels of standards.



#### **Team Based Effort**

Penetration Testing is a team effort, not an individual effort. Utilize a team to maximize the penetration test efforts.



#### **Thoroughly Map Attack Surface**

Leave no stone unturned. Many vulnerabilities are found in the "paths least travelled". Fully explore!



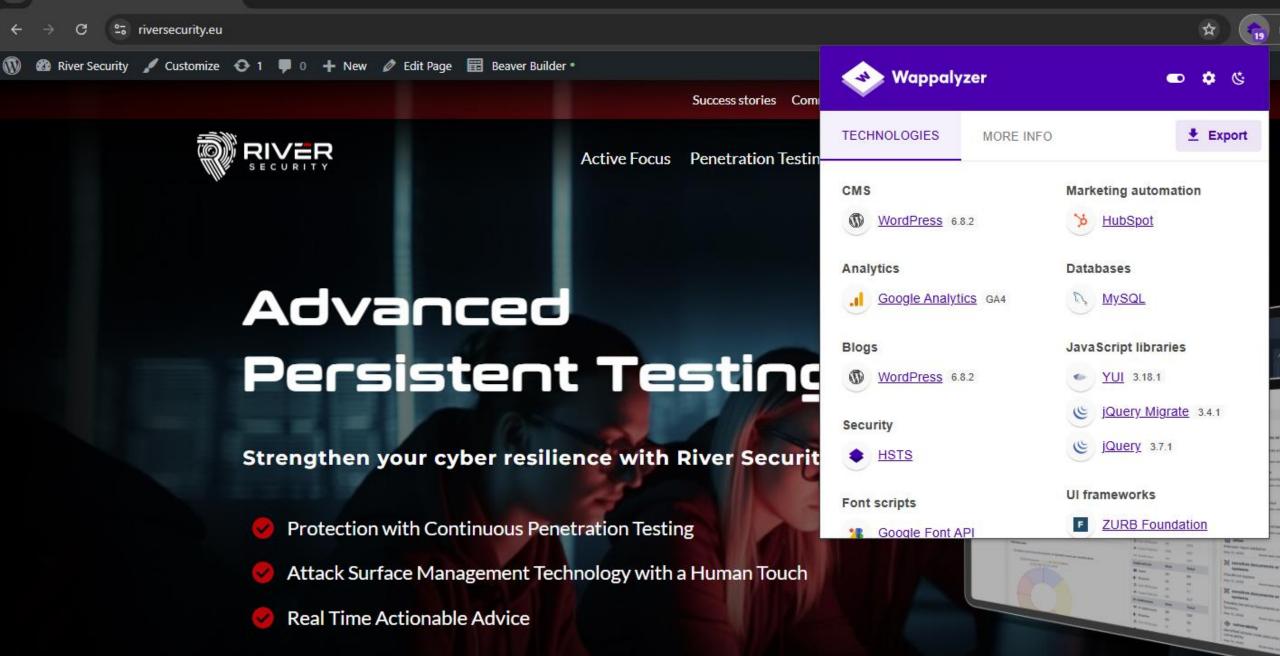
#### Reporting

Document findings, process, discrepancies and hypothesis. It will be useful now and later.



#### **Hypothesis and Knowledge Sharing**

A team is stronger. Produce hypothesis to uncover potential attacks across all layers. Strengthen the team knowledge by working as one.





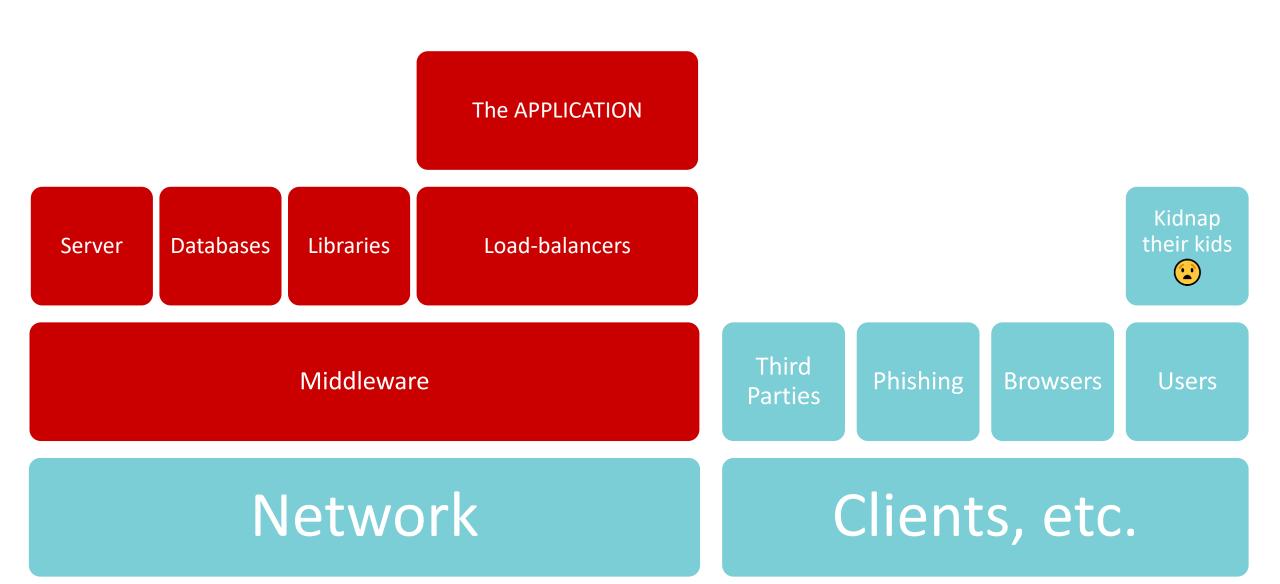
## WordPress Enumeration

#USERS
Chris Dale,chris
Karina Aarland,karina
Krister Kvaavik,krister
Magnus Holst,magnus
silje,silje
#POSTS

```
https://riversecurity.eu/wordpress/wp-content/uploads/2021/08/20210729_175011.jpg
https://riversecurity.eu/wordpress/wp-content/uploads/2021/06/f_logo_RGB-Blue_100.png
https://riversecurity.eu/wordpress/wp-content/uploads/2021/06/LI-Logo.png
https://riversecurity.eu/wordpress/wp-content/uploads/2021/06/1-year-growth-1.png
https://riversecurity.eu/wordpress/wp-content/uploads/2021/06/1-year-growth.png
https://riversecurity.eu/wordpress/wp-content/uploads/2021/06/image.png
https://riversecurity.eu/wordpress/wp-content/uploads/2021/06/New-Project.png
https://riversecurity.eu/wordpress/wp-content/uploads/2021/05/River-security-01.jpg
https://riversecurity.eu/wordpress/wp-content/uploads/2021/05/overview-1.jpg
https://riversecurity.eu/wordpress/wp-content/uploads/2021/05/ooda-3.png
https://riversecurity.eu/wordpress/wp-content/uploads/2021/05/banner-042-01.png
https://riversecurity.eu/wordpress/wp-content/uploads/2021/05/eye-white-red-transparent.png
https://riversecurity.eu/wordpress/wp-content/uploads/2021/05/ben-den-engelsen-htcQ7uAWzAo-unsplash.jpg
https://riversecurity.eu/wordpress/wp-content/uploads/2021/05/yue-su-77z-0VJJj6g-unsplash.jpg
https://riversecurity.eu/wordpress/wp-content/uploads/2021/05/niclas-moser-ew6Guk2mqTk-unsplash.jpg
https://riversecurity.eu/wordpress/wp-content/uploads/2021/05/overview-1.png
https://riversecurity.eu/wordpress/wp-content/uploads/2021/05/overview.png
https://riversecurity.eu/wordpress/wp-content/uploads/2021/05/eye-black-red_in_middle.png
https://riversecurity.eu/wordpress/wp-content/uploads/2021/05/daniel-malikyar-F1leFzugQfM-unsplash-1.jpg
https://riversecurity.eu/wordpress/wp-content/uploads/2021/05/Vegar.jpg
https://riversecurity.eu/wordpress/wp-content/uploads/2021/05/meg-rs-2.jpg
https://riversecurity.eu/wordpress/wp-content/uploads/2021/05/meg-rs-1.jpg
https://riversecurity.eu/wordpress/wp-content/uploads/2021/05/meg-rs.jpg
https://riversecurity.eu/wordpress/wp-content/uploads/2021/04/proaktive-reactive-1.png
https://riversecurity.eu/wordpress/wp-content/uploads/2021/04/proaktive-reactive.png
https://riversecurity.eu/wordpress/wp-content/uploads/2021/04/Farmer-1.jpg
https://riversecurity.eu/wordpress/wp-content/uploads/2021/04/1516243355397.jpeg
https://riversecurity.eu/wordpress/wp-content/uploads/2021/01/1516243355397.jpeg
https://riversecurity.eu/wordpress/wp-content/uploads/2021/03/secret.txt
https://riversecurity.eu/wordpress/wp-content/uploads/2021/03/tv2-exchange-2.png
https://riversecurity.eu/wordpress/wp-content/uploads/2021/03/tv2-exchange.png
```



### What to attack in the pentest?





#### WordPress (MVP)







#### Contents

hide

- 1 Discovery
- 2 Fuzzing
- 3 Test Cases & Hypotheses
  - 3.1 Wordpress Debug.log
- 4 Business Process and Logic Flaws
- 5 Framework
- 6 Tools

#### Discovery Aedit edit source



- Run wordpress-rest-enum to look for inappropriate content, sensitive file and other interesting the API might expose
- Use wpscan to help identify themes and plugns, this is where you might strike gold.
  - Themes and plugins can be vulnerable, should be worked on individually. At the very list, do your best to identify all themes, plugins, customization and other entrypoints.
- Unless looking for a zero-day, the core engine of wordpress is likely to be quite hardened on its own. Look for known CVE's for the engine.
- · Use Wordpress dictionary files and check all files and folders for access control issues

#### Fuzzing edit edit source

• The plugins might be open-source. Check them out, find all entrypoints/endpoints and look for vulnerabilities



#### Category: MVP Type











A MVP can be for different things, for example:

- A framework, e.g. Django (MVP), PHP (MVP), Angular (MVP), React (MVP), etc.
- A middleware, e.g. IIS (MVP), Apache (MVP), Nginx (MVP), CosmosDB (MVP)
- A specific type of application, e.g. WordPress (MVP), Salesforce (MVP)
- A feature or functionality, for example File Upload (MVP), Login (MVP), MFA (MVP), Payment (MVP)
- A general type of testing type, e.g. Commercial of the Shelf (MVP), Mobile Testing (MVP), Hardware Testing (MVP)

#### Subcategories

This category has the following 9 subcategories, out of 9 total.

Α

Application-MVP (45 P)

F

- Feature-MVP (12 P)
- Framework-MVP (16 P)

G

► General-MVP (17 P)

M

- Middleware-MVP (9 P)
- MVP Type (9 C)

N

Notype-MVP (1 P)

P

- Protocol-MVP (5 P)
- Provider-MVP (10 P)



```
PS C:\tmp\repos\IIS_shortname_Scanner> C:\Python27\python.exe .\iis_shortname_Scan.py https://
                                                                                                           /metadatacard/
Server is vulnerable, please wait, scanning...
   /metadatacard/m~1.* [scan in progress]
   /metadatacard/me~1.* [scan in progress]
   /metadatacard/met~1.* [scan in progress]
[+] /metadatacard/meta~1.* [scan in progress]
   /metadatacard/metad~1.* [scan in progress]
   /metadatacard/metada~1.*
                               [scan in progress]
   /metadatacard/metada~1.z*
                               [scan in progress]
   /metadatacard/metada~1.zi* [scan in progress]
[+] /metadatacard/metada~1.zip* [scan in progress]
[+] File /metadatacard/metada~1.zip*
File: /metadatacard/metada~1.zip*
0 Directories, 1 Files found in total
```

 Angular (MVP) Hybridauth (MVP) AngularJS (MVP) S Apache (MVP) API (MVP) S3.amazonaws.com (MVP) Salesforce (MVP) ArcGis (MVP) IIS (MVP) Argo CD (MVP) Salesforce Marketing Cloud (MVP) Ivanti (MVP) Auth0 (MVP) Salto (MVP) Authentication (MVP) Sanity (MVP) Azure API Management (MVP) SAP CX Backoffice (MVP) Azure Function (MVP) SAP NetWeaver (MVP) Javascript frameworks (MVP) Search (MVP) Jira (MVP) ServiceStack (MVP) В JSON-RPC (MVP) Sharepoint (Authenticated) (MVP) Sharepoint (MVP) Backstage (MVP) Sharepoint Foundation (MVP) Bankid (MVP) Signicat (MVP) Blazor (MVP) Lambda (MVP) Bookstack (MVP) Sinatra (MVP) Local Privilege Escalation (Windows) (MVP) SIP (MVP) Bynder (MVP) Login (MVP) SparQL (MVP) SQL Injection (MVP) SSH (External) (MVP) M SSRF (MVP) Citrix Gateway (MVP) Machform (MVP) Subdomain Takeover (MVP) Cloudflare (MVP) Magento (MVP) Sysero (MVP) Cognito (MVP) Mediawiki (MVP) · Commercial of the Shelf (MVP) Mega Upload (MVP) Content Management System (MVP) T Methodology (Hardware) CorePublish (MVP) Methodology (WIFI) CosmosDB (MVP) Third Party Application (MVP) MFA (MVP) CDanel (MV/D)

- Test for Reflected Cross Site Scripting
- Test for Stored Cross Site Scripting
- Test for DOM based Cross Site Scripting
- Test for Cross Site Flashing
- Test for HTML Injection
- Test for SQL Injection
- Test for SOQL Injection
- Test for LDAP Injection
- Test for ORM Injection
- Test for XML Injection
- Test for XXE Injection
- Test for SSI Injection
- Test for XPath Injection
- Test for XQuery Injection
- Test for IMAP/SMTP Injection
- Test for Code Injection
- Test for Expression Language Injection
- Test for Command Injection
- Test for Overflow (Stack, Heap and Integer)
- Test for Format String
- Test for incubated vulnerabilities
- Test for HTTP Splitting/Smuggling
- Test for HTTP Verb Tampering
- Test for Open Redirection
- Test for Local File Inclusion

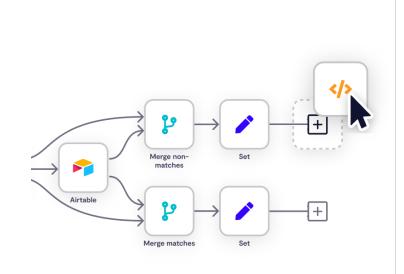


# WEB APPLICATION PENETRATION TESTING

IT'S NOT JUST EHEEKHISTS



## Al as a Pentester Companion



Caption: Illustrative image of agentic workflows from n8n.io

Date & Time

Code

Item Lists

Markdown

Rename Keys

Set

**HTTP Request** 

- O Al has knowledge of the entity you are testing
  - 6 What features
  - What technology (tech stack, libraries, plugins, you name it)
  - This is based on automated collected results
    - Think scanners, collectors / sensors, ASM data
- When pentester "arrives" to the asset, they can be presented with DYNAMIC checklists
- O Al companion can also make sure documentation of work is done according to attack surface



# When You Don't Have MVP

- Create one
  - Set up the minimum of what you know
  - A starting point is better than nothing
  - Get the ball rolling with your team
- Dedicate days before the engagement to:
  - Build
  - Set-up
  - Configure
  - Break & Hack
  - Create CTF challenges;)
- Create foundations for future hypothesis





## Incomplete MVP's

#### DocuWiki (MVP)







Relevant: Mediawiki (MVP)

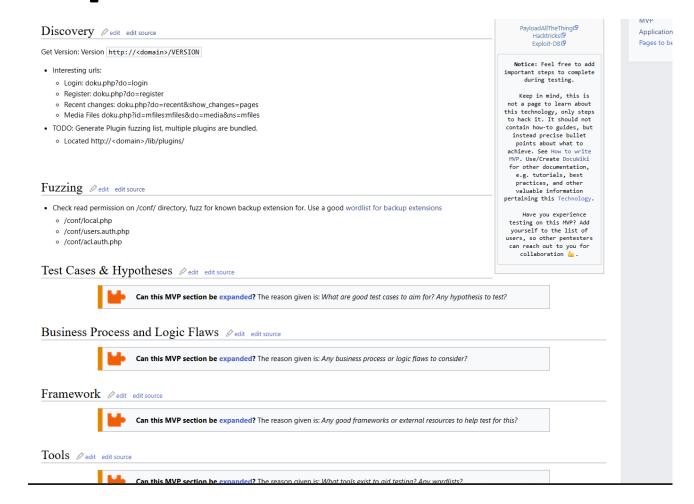
#### Contents

hide

- 1 Discovery
- 2 Fuzzina
- 3 Test Cases & Hypotheses
- 4 Business Process and Logic Flaws
- 5 Framework
- 6 Tools

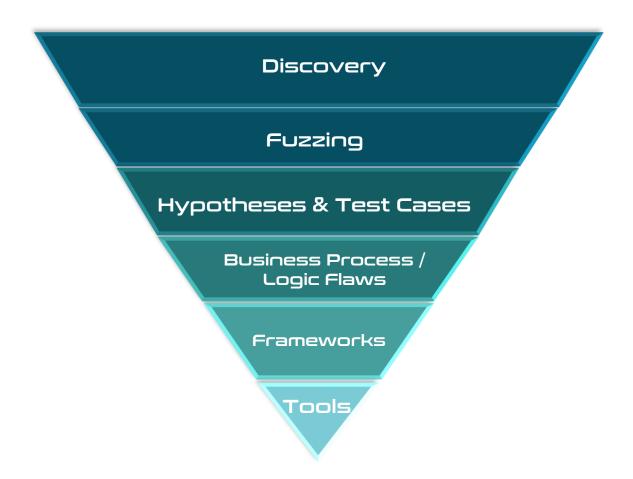
docker run -d --name dokuwiki \

- -p 8080:8080 -p 8443:8443 \
- -e DOKUWIKI USERNAME=admin \
- -e DOKUWIKI PASSWORD=supersecurepassword \
- -e DOKUWIKI FULL NAME="Admin User" \
- -e DOKUWIKI EMAIL=admin@example.com \
- -v dokuwiki data:/bitnami/dokuwiki \ bitnami/dokuwiki:latest



## Most Valuable Pentesting (MVP) Methodology

Be Honest, Find Vulnerabilities, Improve Gradually



#### Producing High Value Penetration Tests

Reliable and consistent testing is important, and not relying on a single individual's skills and efforts to complete a penetration test helps ensure the highest levels of standards.



#### **Team Based Effort**

Penetration Testing is a team effort, not an individual effort. Utilize a team to maximize the penetration test efforts.



#### **Thoroughly Map Attack Surface**

Leave no stone unturned. Many vulnerabilities are found in the "paths least travelled". Fully explore!



#### Reporting

Document findings, process, discrepancies and hypothesis. It will be useful now and later.



#### **Hypothesis and Knowledge Sharing**

A team is stronger. Produce hypothesis to uncover potential attacks across all layers. Strengthen the team knowledge by working as one.



## Discovery

- What are you going to attack?
- What are you <u>NOT</u> going to attack?
  - ©Keep documenting what you are NOT attacking
- What can you source to your co-workers?
  - What skills do they have, what are they good at?
- © Can you find every script, every piece of content and function?
  - © Content enumeration is key. What if there is a gaping vulnerability in a script you didn't find?



## Goal: Find Everything

- i. Map Browsable Attack Surface
- ii. Find Unlinked Content & Params
- iii. Repeat for each `Platform

  Distinctions` of the application

Leave no stone unturned. Many vulnerabilities are found in the "paths least travelled". Fully explore!



## Map Browsable Attack Surface

#### Content Discovery

- © Browse the entire application, discover all browsable content
  - Click
  - Use
  - O Learn
- © Use the Burp Suite Crawl feature on the top level of the application.
  - Mas decent support for SPA as of Burp Suite v. >2
  - Melps build a complete sitemap
  - Ouse most complete configuration, which is the slowest
- © For JavaScript, extract file paths and references.
  - © CyberChef extract file paths module
  - **©** GAP Burp Plugin
  - SParser

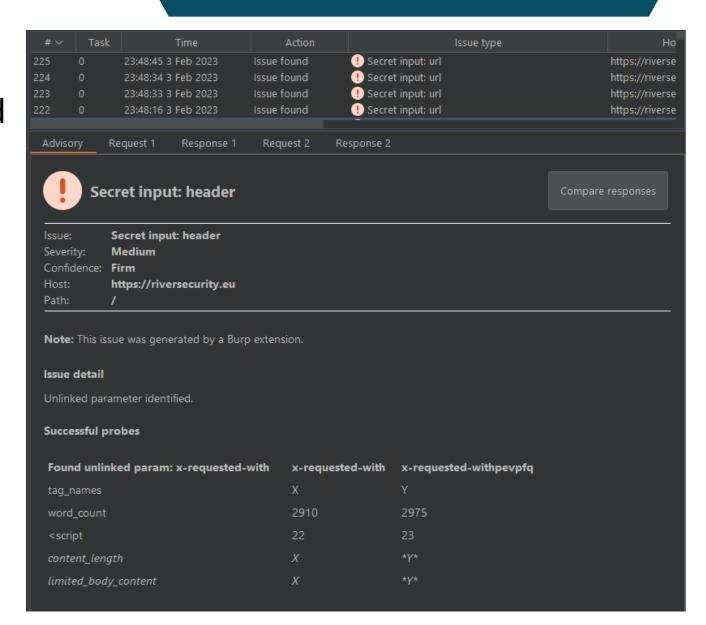




## Unlinked Parameters

- Discover if there are any unlinked parameters
  - Particularly important on all Platform Distinctions
  - Any change based on a new parameter is interesting
  - GET, POST, Cookies, Headers
- Headers might bypass authentication
- Might find attack surface
- Param miner extension!

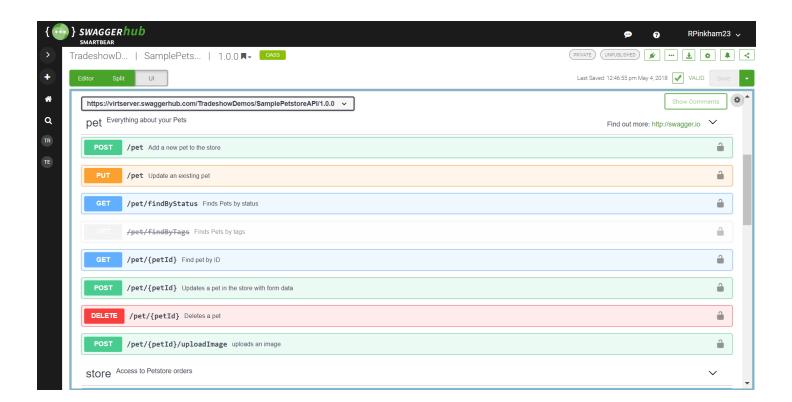
#### **Content Discovery**





## OpenAPI / Swagger Specs

- If we can cheat, we should!
- Paints a picture of what the developers intended to include
- Still requires us to do content discovery





## Archive.org

WaybackRobots.py

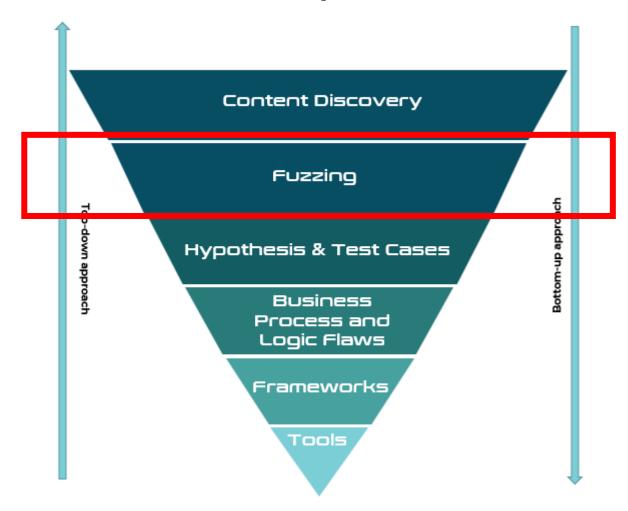
WaybackURLs.py





## Fuzzing

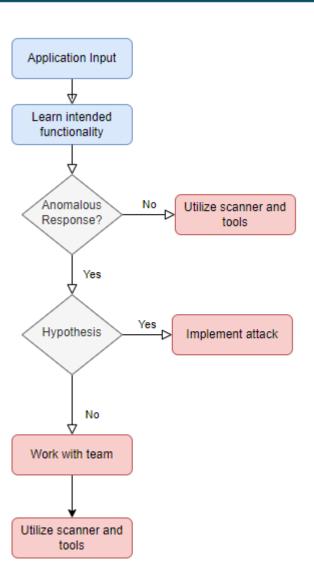
Find bytes and input producing different/unexpected results





## Fuzzing Bytes 101

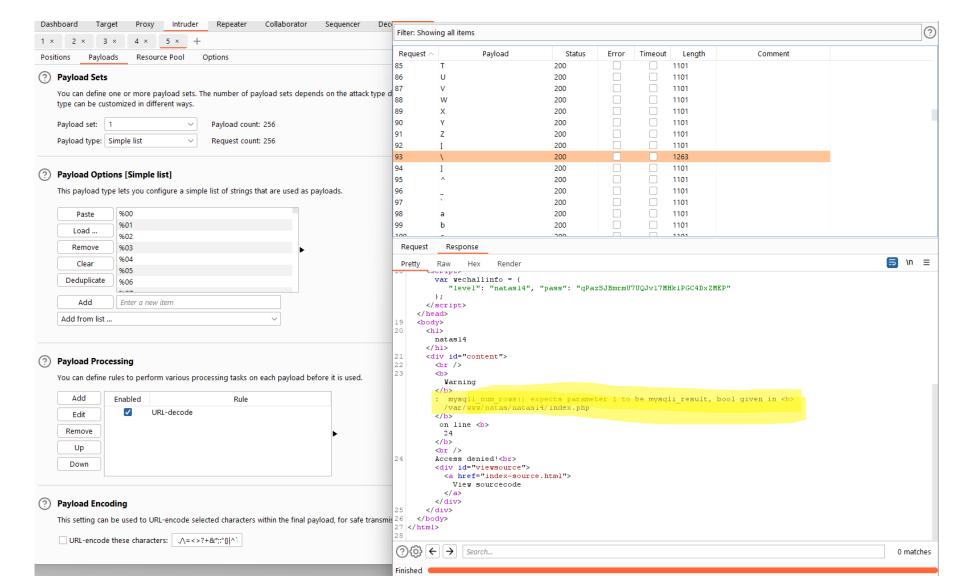
- 1. For-each script and input
- 2. Send their script to repeater / play with it in browser
  - Determine properly how the functionality works and try related attack
- 3. Send to intruder and fuzz
  - %00 to %FF
    - URL Decode targets Middleware
    - URL Encode targets App
  - Anomalies, discrepancies, interesting results?
    - Create Hypothesis
    - Work with team if you cannot produce hypothesis
  - Use wordlists
- 4. Utilize vulnerability scanner
  - Backslash Powered Scanner and other extensions will also aid here.
- 5. Scanner results? Update methodology



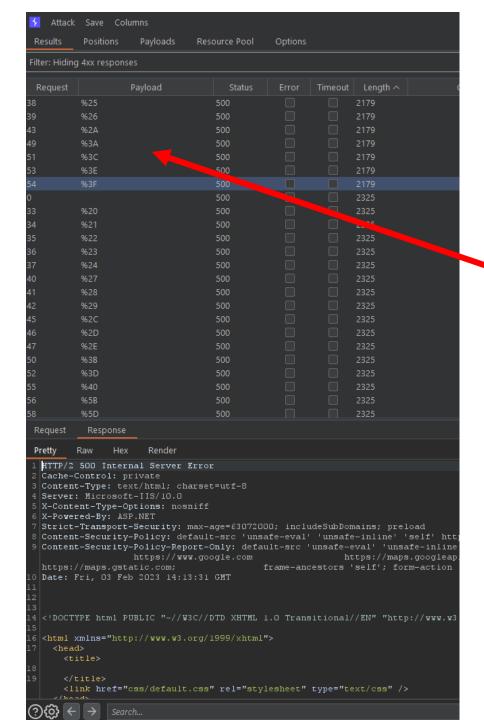




# Second example: A Single Character







#### **Fuzzing**

_	Α	В	С	D	E
1	HTTP Status Code	Byte	<b>URL</b> decoded	Reasoning	Comment
2	500	%25	%	URL	
3	500	%26	&	URL	
4	500	%2A	*	FILE	Wilcard
5	500	%3A	:	FILE	ADS
6	500	%3E	>	FILE	Redirect
7	500	%3F	?	URL	
8	500	%3C	<	FILE	Redirect
9	404	%2B	+	URL	



## Using Wordlists

With our fuzzing efforts, wordlists can help produce valuable results, e.g., anomalies in cases of:

- Different results
- Timing impacted
- External server interaction

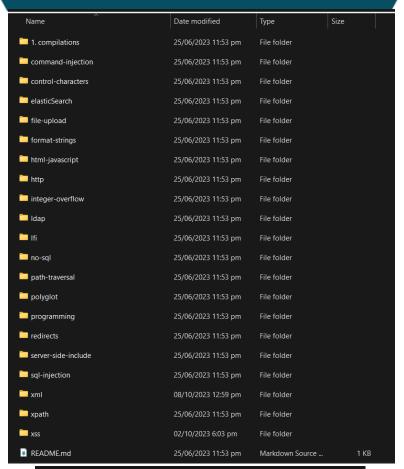
Use wordlists that help you target technology and hypothesis.

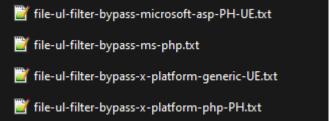
Great starting points:

- SecLists: https://github.com/danielmiessler/SecLists
- AssetNote: https://wordlists.assetnote.io/

Take time to learn what these wordlists contain; it will help you learn when to apply them

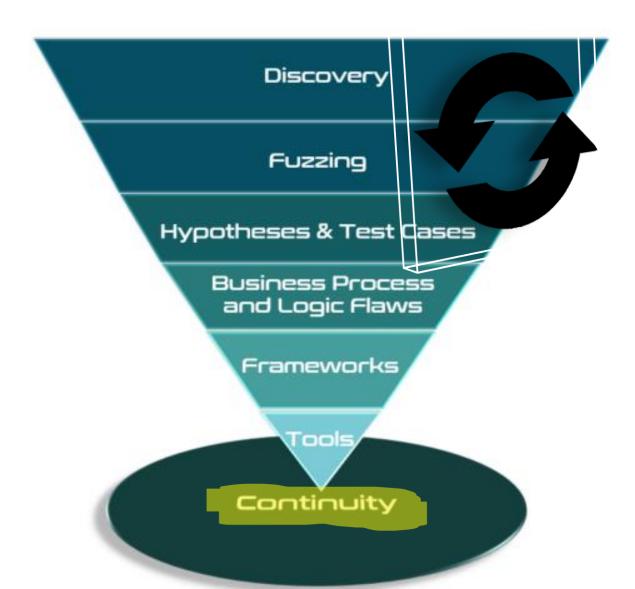
#### **Fuzzing**





### Finding Vulnerabilities Process Pyramid

Fully test the scope, every script and input



#### Producing High Value Penetration Tests

Reliable and consistent testing is important, and not relying on a single individual's skills and efforts to complete a penetration test helps ensure the highest levels of standards.



#### **Team Based Effort**

Penetration Testing is a team effort, not an individual effort.
Utilize a team to maximize the penetration test efforts.



#### Thoroughly Map Attack Surface

Leave no stone unturned. Many vulnerabilities are found in the "paths least travelled". Fully explore!



#### Reporting

Document findings, process, discrepancies and hypothesis. It will be useful now and later.



#### Hypothesis and Knowledge Sharing

A team is stronger. Produce hypothesis to uncover potential attacks across all layers. Strengthen the team knowledge by working as one.





## RED VERSUS BLUE

IT IS TIME WE "STOP FIGHTING" AND FORM PURPLE TEAM









Connect with me – https://into.bio/chrisdale



LinkedIn – https://www.linkedin.com/in/chrisad/



Fighting Cyber Crime – https://riversecurity.eu